

SCIENCE . TECHNOLOGY

TESTOSTERONE: MAKING A MAN?

52' (GER, ENG subs)

Testosterone was long regarded as the bad guy among hormones. We review the myth of testosterone controlled men.

Testosterone stands for health, sexual desire, elixir of life and is regarded as a social behavioural hormone. The testosterone-controlled man is willing to take risks and is selfish with a tendency to aggressiveness. Characteristics that today have a rather bad image. But does the messenger substance really make you aggressive or does it even promote social behaviour? This is now suggested by the latest scientific studies.

Internationally renowned researchers explain how subtly the hormone actually works. The word "hormone-controlled" needs to be re-evaluated. Unlike in the animal world, the statement "testosterone makes aggressive" cannot be confirmed in humans.

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