

SCIENCE . TECHNOLOGY

THE SCIENCE OF...

9 x 30' (GER, ENG subs)

The human body is still full of mysteries. We introduce you to its complex functions of and show you innovative solutions.

The many functionalities of the human body remain a mystery, although it has been the subject of research for ages. In our rapidly changing society, social pressure and influences of environmental factors are steadily increasing. The result: people are becoming sick more often - both mentally and physically. We examine the complex functions of the human body and show you innovative solutions of how to sustainably fight these problems - be it a digital app, new drugs without side effects, or simple lifestyle changes.

Episodes:

1. Sleep
2. Anxiety
3. The Immune System
4. Alcohol
5. Dreams
6. Noise
7. Mushrooms
8. Migraine
9. Addiction



Original Title: The Science of...

Year: 2020

Produced by: NZZ